

# Improving the Psychological Well-Being and Resilience of Seasonal Agricultural Workers Affected by the Earthquake

This project aims to improve the well-being and psychological resilience of seasonal agricultural workers affected by the February 6th earthquakes in Kahramanmaraş, help them return to daily life and minimize their vulnerability through support activities.

Project activities are carried out with the technical and financial support of Turkish Philanthropy Funds (TPF).



## Target Group of the Project

 **60+**  
elderly

 **18-24**  
young seasonal agricultural workers

## Geographic Scope of the Project





The scope of the project, which aims to overcome psychological experiences such as stress, anxiety, fear, mourning and trauma after the earthquake, to heal and regain strength, consists of individual psychological support for those in need, sharing groups especially for women and psycho-social support practices and activities for young workers.



By focusing on two age groups in the target group of the project, a guide will be developed to include age-sensitive disaster management strategies including mental health and psychosocial support for vulnerable groups in disaster preparedness and response.



Project activities will be carried out in collaboration with Kalkınma Atölyesi and NHUMAN Consulting which is the first private sector organization studying methodologically the concepts of psychological health and safety in Türkiye.

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